



Kanton Bern
Canton de Berne

Beratungsstelle der Berner Hochschulen
Service de conseil des hautes écoles bernoises
Universities of Bern Counselling Centre

Counselling, Workshops, and Information

for students and employees of the University of Bern,
the BFH, the PHBern, and the PH Institute NMS Bern





Counselling

We provide support for students and employees of the Universities of Bern on study and work-related subjects, as well as personal issues.

Workshops

Every semester, we organize workshops on topics such as studying, procrastination, test anxiety, stress management, and career entry.

Informational Material and Library

Our website offers plenty of useful information about studying and working at the Universities of Bern, and our in-house library contains a variety of helpful publications.

Contact

Universities of Bern Counselling Centre
www.bst.bkd.be.ch, tel. 031 635 24 35,
Erlachstrasse 17, 3012 Bern



Our services are free of charge and confidential.